WEEKLY NEWSLETTER Date: 3rd September 2021



Dear Parents

Welcome back, it has been so lovely to see all the children again looking so smart in their uniforms and being so enthusiastic to be back. We are really looking forward to the year ahead!

As you are aware we have welcomed a number of new staff members also this year who are all really keen to be part of our Rossmore family. Hopefully you will get to know them quickly as we are now able to see all parents on the yard. Please remember, as a precaution during this half term, wearing a mask in areas of large groups i.e. at the gates and on the yard would be very much appreciated helping us in continuing to keep everybody as safe as possible.

CORONAVIRUS UPDATE From 16th August 2021, the Government has said that people aged under 18 years and 6 months or who are fully vaccinated will no longer be legally required to isolate if they are a close contact of someone with COVID-19. Instead, such people will be advised (but not legally required) to get a PCR test unless they have had a positive PCR test in the previous 90 days.

Regardless of age or vaccination status, anyone who develops any of the three main COVID-19 symptoms (see below) must get a PCR test as soon as possible and isolate until the result is available. People who get a positive PCR test must continue to isolate as usual.

Please see end of newsletter for further guidance.

Here are a few back to school reminders:

• TERM TIME HOLIDAYS If you wish to take your child on holiday during term time then please note: a Fixed Penalty Notice may be issued. You must complete a holiday request form (available from the school office) which we will then review. Holidays are only granted if the circumstances of the requested leave are 'exceptional'. If they are not deemed as 'exceptional', and you still choose to take a holiday with your child during this period (meaning the absence is classed as unauthorised), the Local Authority will be informed. A Fixed Penalty Notice may then be issued in accordance with section 444 of the Education Act 1996. The law stipulates that the current penalties payable by parents are £60 when the penalty is paid within 21 days and £120 when the penalty is paid within 28 days. This penalty is per parent/carer per child. If the fixed penalty is not paid this could lead to you being prosecuted in the Magistrates' Court. For further information, please visit www.cheshirewestandchester.gov.uk and search 'FPN' or email FPNPayments@cheshirewestandchester.gov.uk or telephone 01244 976 175 (Payment and Parent Enquiry Line).

• **ABSENCE** If your child is off poorly or absent for any reason then you must inform the school office before 9am. Please leave a message on the pupil absence line (option 1).

• **MEDICATION** If your child requires medication during school hours please hand this in to the school office and complete a medication form. If your child is asthmatic, please ensure we have up-to-date inhalers.

• **HEADBUMPS** If your child bumps their head/face during the school day we will send you a text to inform you stating how it happened and what first aid was carried out. This is not to alarm you but more of a courtesy message so that you can continue to monitor your child at home and seek medical advice if required.

• **CONTACT INFORMATION** If you have changed your phone number or address over the summer holidays, please inform the school office ASAP. It is very important that we have correct contact numbers in case of an emergency.

• LOST PROPERTY Please ensure that your child's name is clearly marked on items such as coats, jumpers and cardigans. If your child loses an item then please search the lost property bin in the school hall.

SCHOOL UNIFORM

- White shirt and tie (red&white striped)
- Red sweatshirt/ jumper/cardigan (can be V-neck or round neck)
- Grey trousers/skirt/pinafore
- Black sensible shoes

All hair longer than shoulder length <u>MUST</u> be tied up, this applies to both girls and boys.

SNACK From September the snack menu will be as follows:

Monday:	TOAST & BAGELS	TOAST (1/2 slice)	10p
Tuesday:	TOAST	BAGEL (1/2 bagel)	25р
Wednesday:	TOAST & CRUMPETS	CRUMPET	25p
Thursday:	TOAST	SCOTCH PANCAKES	25р
Friday:	TOAST & SCOTCH PANCAKES	CUP DRINK	30p

AUTUMN TERM ROTAS

Reminder: the normal school day is as follows:

- Gates open: 8:45 am
- Gates close: 8:55 am
- Infant Home Time: 3:15 pm
- Junior Home Time: 3:20 pm

Parents and Carers MUST continue to wear a face covering, unless exempt, during morning and afternoon drop off/pick up when on school grounds.

Activity/	PE	FOREST	SWIMMING
Day		SCHOOL	
Monday	Year I		Year 2
	Year 5		
Tuesday	Year 3		
	Year 6		
Wednesday	Rec		Year 5
	Year 4		
Thursday	Year I		
	Year 2		
Friday	Year 6	Year 4	
	Year 3		

• **SWIMMING-** Swimming lessons begin w/c Monday 6th September. The cost to parents of children in Year 2 (13 weeks) and Year 5 (14 weeks) is £1 per week to cover transport costs, and this should be paid via School Spider. Please note that girls are to wear full piece swimming costumes and boys are to wear swimming trunks (shorts are not permitted). If your child needs to wear swimming goggles, please can you write a short note to this effect and hand to the class teacher or into the school office. All long hair to be tied back. Children to come to school wearing normal school uniform with their swimming kit + towel in a bag.

• **PE**- Children are to come to school on their allocated PE days in their normal PE kit (white t-shirt, black shorts,

plain black pumps/trainers). From September children will be expected to wear the correct PE kit not football kits etc. However, we recommend that children wear black tracksuit/jogging bottoms and top in case of poor weather and to keep warm in the classroom. Children must also come to school wearing a coat.

• Forest School- Children will need to come to school on the relevant day wearing clothes and shoes appropriate for outdoor activities and that you don't mind getting muddy! Children will either walk or be transported by minibus to and from the Scout hut so all pupils will be collected from Rossmore School at their class's usual home time (see timetable above).

NEW RECEPTION CLASS

Our new Reception Class have transition days in September. Reception pupils will not be staying for lunch during this transition period. Children must bring a healthy snack in from home or please bring in money for a snack from school (see list below). Timetable below:

TIMETABLE	AM (8:40am -1 1:15am) Main office gate	PM (12:25pm – 3.00pm) Main office gate
Monday 6 th September	No	groups today
Tuesday 7 th September	Orange group	Green group
Wednesday 8 th September	No	groups today
Thursday 9 th September	Orange group	Green group
Friday 10 th September	Both groups in for the morning session only	5
Monday 13 th September	drop off/pick up via the playground.	his will continue for the rest of the school year 8:55 am. Infant Home Time is 3:15 pm

2021/2022 DIARY DATES

Tue 14th SeptYear I trip- Boat MuseumThu 16th SeptSchool PhotosWed 22nd SeptYear 6 trip- Boat MuseumThu 23rd SeptYear 5 trip- Chester ZooMon 27th SeptYear 6 BikeabilityFri 22nd OctBreak up for October half termMon 1stINSET DAYFull term dates for this, and next, academic year can be found here on our website:www.rossmore.cheshire.sch.uk/page/school-holidays-/35818

Best wishes,

Mrs S Davis-McCoy Head Teacher

SCHOOL DINNERS When we return in September children will continue to order their lunch with the teacher during morning registration. We have made a few changes to our current lunch menu and will be introducing a deli bar for children to customise their sandwiches. Please see menu below or visit http://www.rossmore.cheshire.sch.uk/serve_file/2209816 for the online version.

	WEEK	I	WEEK 2		WEE	К 3
	W/C 30th Aug, 20th Sept, 11th Oct 8th Nov, 29th Nov		W/C 6th Sept, 27th Sept, 18th Oct, 15th Nov, 6th Dec,		W/C 13th Sept, 4th Oct, 1st Nov	
AY					22nd Nov,	13th Dec
	MAINS	SIDES	MAINS	SIDES	MAINS	SIDES
	Ham pizza	Wedges	Chicken & Tomato Pasta	Sweetcorn	Chicken Curry	Rice
	Margherita pizza	Sweetcorn	Tomato Pasta	Garlic bread	Mac & Cheese	Garlic bread
×	Jacket Potato	Side Salad	Jacket Potato	Side Salad	Jacket Potato	Side Salad
MONDAY		Crisps		Crisps		Crisps
	Sandwich (ROLL)	Veg sticks	Sandwich (ROLL)	Veg sticks	Sandwich (ROLL)	Veg sticks
Σ	PUDDINGS		PUDDINGS		PUDDINGS	
	Flapjack		Flapjack		Flapjack	
	Fruit		Fruit		Fruit	
	Yoghurt		Yoghurt		Yoghurt	
	MAINS SIDES		MAINS SIDES		MAINS SIDES	
	Beef Meatballs	Spaghetti	Beef Lasagne	Sweetcorn	Beef Bolognese	Pasta spirals
	Quorn Chilli	Garlic bread	Veggie sausage pasta bake	Garlic bread	Veggie Bolognese	Garlic bread
×	Jacket Potato	Side Salad	Jacket Potato	Side Salad	Jacket Potato	Side Salad
DA		Crisps		Crisps		Crisps
TUESDAY	Sandwich (WRAP)	Veg sticks	Sandwich (WRAP)	Veg sticks	Sandwich (WRAP)	Veg sticks
F	PUDDIN		PUDDING		PUDDI	
	Chocolate Spong	e + Sauce	Chocolate Sponge	+ Sauce	Chocolate Spo	nge + Sauce
	Fruit		Fruit		Fruit	
	Yoghur	t	Yoghurt		Yoghurt	
	MAINS	SIDES	MAINS	SIDES	MAINS	SIDES
		Roast Potatoes		Roast Potatoes		Roast Potatoe
	Roast dinner Chicken	Peas	Roast dinner Turkey	Broccoli	Roast dinner Pork	Cauliflower
X	Veggie Roast dinner	Carrots	Veggie Roast dinner	Carrots	Veggie Roast dinner	Carrots
WEDNESDAY	Jacket Potato	Side Salad	Jacket Potato	Side Salad	Jacket Potato	Side Salad
Ĕ		Crisps		Crisps		Crisps
ā	Sandwich (ROLL)	Veg sticks	Sandwich (ROLL)	Veg sticks	Sandwich (ROLL)	Veg sticks
₹	PUDDIN	GS	PUDDING	55	PUDDI	NGS
	Syrup Sponge + Custard		Syrup Sponge + (Custard	Syrup Sponge + Custard	
	Fruit		Fruit		Fruit	
	Yoghur	t	Yoghurt		Yoghurt	
				SIDES	MAINS	SIDES
	MAINS	SIDES	MAINS	5.025	Piranto	51025
	MAINS	SIDES	MAINS	Mash		Wedges
	MAINS All day breakfast	SIDES	MAINS Sausages	-	Sausage Roll	
X		SIDES		Mash		Wedges
DAY	All day breakfast	SIDES Side Salad	Sausages	Mash Peas	Sausage Roll	Wedges Peas
IRSDAY	All day breakfast Veggie all day breakfast		Sausages Veggie sausages	Mash Peas Carrots	Sausage Roll Veggie Sausage Roll	Wedges Peas Beans
HURSDAY	All day breakfast Veggie all day breakfast	Side Salad	Sausages Veggie sausages	Mash Peas Carrots Side Salad	Sausage Roll Veggie Sausage Roll	Wedges Peas Beans Side Salad
THURSDAY	All day breakfast Veggie all day breakfast Jacket Potato	Side Salad Crisps Veg sticks	Sausages Veggie sausages Jacket Potato	Mash Peas Carrots Side Salad Crisps Veg sticks	Sausage Roll Veggie Sausage Roll Jacket Potato	Wedges Peas Beans Side Salad Crisps Veg sticks
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CHANGES TO NATIONAL SELF-ISOLATION GUIDANCE contd.

Some likely scenarios are described below along with our advice:

What should I do if my child develops COVID-19 symptoms?

The main symptoms of COVID-19 are:

- new continuous cough and/or
- fever (temperature of 37.8°C or higher)
- loss of or change in, normal sense of taste or smell (anosmia)

If your child develops any of these symptoms, you must arrange for them to have a PCR test as soon as possible. A PCR test can be arranged via the NHS UK (www.nhs.uk) website or by contacting NHS 119 via telephone if you do not have internet access.

Your child should self-isolate immediately and they should not attend school.

Please contact the school by phone to inform us your child has COVID-19 symptoms and you are awaiting a COVID-19 test.

What should I do if my child has COVID-19 confirmed by PCR test?

Anyone with COVID-19 confirmed by PCR test should self-isolate until the latest of:

- 10 days after the onset of their symptoms, or
- 10 days after their test day if they are asymptomatic

Self-isolation means your child should not go to school, attend any out of school activities or visit a friend's house. They should not visit any public places, use public transport or go out to exercise. You should not have visitors into the home except for those providing essential care.

<u>Please contact the school by phone and inform us your child has COVID-19 confirmed by PCR test. It is really important you let us know if your child has confirmed COVID-19 so we can monitor the number of children with COVID-19 across the school.</u>

What should I do if my child is a contact of someone with COVID-19 confirmed by PCR test?

If your child is aged under 18 years and 6 months and does not have any symptoms of COVID-19 (high temperature, new continuous cough, loss of or change in, normal sense of taste or smell) they do not have to self-isolate as a contact of COVID-19.

They are advised to have a PCR test unless they have had a positive PCR test in the last 90 days. Children aged 5 and under are not advised to take a PCR test unless the confirmed case is someone in their own household.

What should I do if my child has a positive result on a lateral flow device test?

If your child has a positive result on a lateral flow device test, they should self-isolate immediately and you should arrange a PCR test as soon as possible.

Other members of the household do not need to self-isolate whilst you await the PCR test result if they do not have symptoms and are aged under 18 years and 6 months or are fully vaccinated.

What should I do if my child is unwell with signs of an infection but does not have symptoms of COVID-19

Your child should be excluded from school if they are unwell. If concerned you should seek advice from your GP or Pharmacist, they will be able to advise you how long your child should stay off school. Otherwise we would recommend exclusion for 48 hours or until the child is symptom free, whichever is longer. We are not currently advising that preschool children get a PCR test if they do not have the three main symptoms of COVID-19.

Nursery and primary school pupils are not asked to test at this time.