

Lion's Pride Award

Silver Starts Here

Participant

programme

Rossmore

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School

Challenge yourself...Inspire others...Build skills for life

Welcome to the Silver Award

Congratulations on deciding to take on the Silver Award.

Everyone's journey is unique but it's always an adventure. It gives you the chance to take on your own challenges, follow your own interests and perhaps discover talents that you never knew you had. You can choose your own path - from football to baking, biking to singing. The possibilities are endless. What's more is that you will make memories and achieve things that will last with you forever.

Welcome to YOU without limits!

Your Silver Award in SIX Steps

1. Firstly, you will need to achieve and be awarded the **Bronze** award.
2. Once you've been awarded the **Bronze** award, you can then begin to plan and consider what activities you are going to complete for your **Silver** award.
3. Once you have your plan, you are ready to start your **Silver** award adventure and can start collecting your evidence across the four areas of the Lion's Pride Award
4. Keep a track on time spent using the Lion's Pride hour sheet and make sure you gather enough evidence to support all that you are doing
5. Achieve your **Silver** Award
6. Challenge yourself some more and take the next step up to **Gold**.

Four sections. One unforgettable experience.

Your Lion's Pride Award is totally unique to you. You'll need to choose and complete a least five activities to do under each of the four sections. A minimum of 35 hours is needed across the areas to achieve the Silver award.

Top Tip:

- Organising your evidence under the four sections helps make it clear
- Keeping a note of how long you have spent on an activity helps with time tracking
- Take lots of photos and keep everything from your adventures so that they can be used as evidence

My interests

The aim of this section is to encourage young people to try a new hobby or pastime or be accredited for something they are already doing. The benefits include developing a new talent as well as improving an old one!

Ideas to get you started:

Get baking, produce a piece of creative writing, read a new book, learn an instrument.

Get active stay active

The aim of this section is to encourage young people to get involved in a sport or physical activity. This section must be done in an addition to core PE classes.

Ideas to get you started:

Sporting event outside of school, promoting others to get active with you, join a sports club, earn a certificate for sports.

Me and my world

The aim of this section is to encourage young people to develop a passion for helping in their community. It is intended that they will achieve a sense of belonging and purpose in the world around them.

Ideas to get you started:

Support/organise a charity event, support a community garden, care for the environment, complete an act of kindness.

Adventure

The aim of this section is to encourage pupils to step out of their comfort zone and try out new challenges and outdoor activities.

Ideas to get you started:

Go on a class residential, try something new, climb a mountain, cycle a long distance, visit a new place in the world.

The Lion's Pride Award helps young people improve self-confidence, develop key interpersonal skills such as communication, teamwork and problem solving as well as helping to build sustainable and healthy living habits. Children can take on their own challenges, follow their passions and discover talents they never knew they had.

Because when you challenge and inspire yourself, you build skills for life.



Here to help

Visit <https://www.rossmore.cheshire.sch.uk/> for further information on the Lion's Pride Award and to download your enrolment form.

